

# “Chase the Crits MTB Series 2” (Nov – Dec 2009)

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Looking for some singletrack workouts to get super fit for the Victorian and National XCO series?  
Here is the ultimate in single track mountain bike crits; only 4 minutes from the Warrandyte Bridge.

**Course Profile** - all condensed into 1,000metres of beautiful single track:

- Berms
- Switchbacks
- Singletrack
- Fire road
- Rock garden
- Logs
- Climbing (50m per lap)
- 4 to 5 minutes per lap

**Dates:**

- Crit 1 Thursday 12<sup>th</sup> November 6:00pm for 6:30pm racing
- Crit 2 Thursday 19<sup>h</sup> November 6:00pm for 6:30pm racing
- Crit 3 Thursday 26<sup>th</sup> November 6:00pm for 6:30pm racing
- Crit 4 Thursday 3<sup>rd</sup> December 6:00pm for 6:30pm racing
- Crit 5 Thursday 10<sup>th</sup> December 6:00pm for 6:30pm racing
- Crit 6 Thursday 17<sup>th</sup> December 6:00pm for 6:30pm racing

**Where:**

- 55 Chase Road, North Warrandyte 3113 (Melways 23 E4)

**3 Grades:**

- A (serious racer), B (casual racer), and C (weekend rider)

**Racing**

- 30 minutes plus 1 lap

**Cost:**

- \$5 per night with MTBA licence
- \$15 (extra) for day licence available before the Crit, but join the Fat Tyre Flyers Club for \$100 and get a MTBA licence valid for 12 months

**Further Information:**

- Craig Peacock (m) 0412 71 4549
- Email [craig.peacock@chasegroup.com.au](mailto:craig.peacock@chasegroup.com.au)

**Notes:**

- No dogs – we are racing in an area with kangaroos, wallabies, echidnas, etc
- No riding outside of the crits day (private property)
- No racing on days when the CFA has declared a Total Fire Ban for the Melbourne region
- No licence - no racing!

